



## **FRIENDS OF SIGNPOSTS (MID SUSSEX)**

### **AN INVITATION TO YOU**

Signposts is setting up a **Friends Group** and we welcome anyone who is interested in joining us.

#### **Our aim for the friends is to:**

- **Help us raise our profile in the community**
- **Help us raise funds**

Signposts provides valuable advice, information and support to people with learning difficulties, their families, carers and friends. We also provide a drop in and internet cafe twice a week. Our focus is on supporting people who are living independently in the community.

We want to help in providing enjoyable, adult daytime activities and also to help people access additional support or information where it is needed. We know there are people with a learning disability who could use support and we expect that number to increase as public spending cuts bite.

**This year we wish to put the funding on a more footing and we wish to raise awareness across the Mid Sussex area of our services. To help us do this we wish to set up a 'Friends Group'**

### **WHAT WOULD I HAVE TO DO AS A FRIEND?**

We will hold regular meetings (probably monthly or two monthly) and plan local activities, either joining in with events taking place locally or planning our own. We are looking at small activities as well as large, so something for everyone. It could be great fun and the task shared. For example

#### **Fundraising:**

- Could we hold a Christmas Fayre at the centre
- 'Friends' could assist when we have collection days-an hour each spreads the load
- 'Friends' could hold coffee mornings to raise funds or a dinner party
- Using our contacts, can we organise an Auction of Promises
- 'Friends' could organise their own events-a golf day, or a sponsored activity
- Friends could help us make contacts with local businesses for sponsorship

**Raising the profile:**

- Produce advertisements and distribute them
- Talk to local interested groups about what we do
- Invite local Groups to come and talk to us
- Attend events with a promotional stand run by the Friends
- Make contact with local businesses

If you are interested please fill in the attached form and return it to Wendy Green or any of the staff.  
We look forward to meeting soon.



## FRIENDS OF SIGNPOSTS MID SUSSEX

I am interested in

- Knowing more about the Friends of Signposts
- Joining the Friends of

My contact information

Name

Address

Phone number

Mobile phone number

E-mail address

It helps us to target our work if we understand a little more about our 'Friends'. So if you could tell us a little bit about your interest and also any ideas you think we could pursue together or that you might be interested in.

My interest in joining the 'Friends of Signposts is

because.....

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